

Information for ACC Students -2/13/2025

#### Welcome to Spring 2025 Semester, Lumberjacks

Look for a new Splinter every week of the semester - it contains information about all things ACC: processes, deadlines, department information, club activities, policies, and other items that are of interest to students. A link is posted on our website <a href="https://www.alpenacc.edu">www.alpenacc.edu</a> in the Calendar & Events section and sent to all ACC email addresses. Several copies are distributed around campus. Please take a few minutes during the week to review it.

Spring Graduation Applications were due in the Registrar's Office on Friday, February 7.

**Spring 2025 Semester Student Account Balance Checks** will be available for pick-up from the cashier between 9am-2pm on the following dates.

- Loan amounts for first time borrowers on Friday, February 14
- 2<sup>nd</sup> disbursements of one semester loans on Wednesday, March 19

Checks may be picked up <u>ONLY</u> by student whose name is on the check. You must have a picture ID. All checks not picked up by 2pm on these dates will be mailed.

**Michigan Transfer Network –** <u>www.mitransfer.org</u> - For ACC listing of equivalencies, other college's equivalencies, and college information check out the Michigan Transfer Network website.

Interested in a career in nursing? Stop by the **Nursing Student Pulse Check** event on **Monday**, **February 17** on the Alpena Campus in Van Lare Hall 127. This open house event runs from **11am-1pm**. Stop by anytime as our LPN & RN students are eager to share information about our nursing programs, the application process, and also showcase our Nursing Labs by assisting you in completing lab stations and simulation scenarios!

Student Focus Groups - We want to hear from YOU! We are hosting student focus groups on February 24 and March 11, and this is your chance to share your thoughts on mental health, campus events, student life, and more. Your feedback will help shape future resources and support services on campus. Enjoy FREE food! It's super casual—just a relaxed conversation where your voice matters. Sign up here: <a href="https://forms.office.com/r/4J4f2TJuZX">https://forms.office.com/r/4J4f2TJuZX</a>

Join us for **FEAR(LESS) INSIDE** on **Monday, March 3 at 2:30pm** in **Fitzpatrick Hall**, where you'll learn how to overcome fear and unlock your full potential with speaker Darryl Bellamy Jr. Free for ACC students, plus afternoon munchies to keep you fueled! Don't miss this empowering experience!

Struggling with stress, anxiety, or perfectionism? Join Dr. Kristen Lee for "Optimize, Prioritize, and Sustain Your Well-Being" – an interactive student session on Monday March 24 at 5pm in Fitzpatrick Hall on how to use mindfulness and behavioral science to stay balanced, focused, and resilient in today's fast-paced world. Learn practical, evidence-based strategies to manage stress, build confidence, and thrive at school, work, and beyond. Stick around for a FREE healthy dinner after the session!

**Find Your Calm at ACC!** Take a break from the stress of classes and join **Calm Campus**, a free series to help you embrace your mental wellbeing with sessions designed to help you recharge and refocus. Free for ACC students, staff and faculty.

**Yoga & Mindfulness** – Mondays\* at 5pm in BTC 201 (all equipment provided!)

**Watercolor Painting & Relaxation** – Wednesdays\* from 12:30-2:30pm in the ACC Library (no experience needed, all supplies provided!)

\*Watch digital displays around campus for session dates.

**Counseling** - All current ACC students (including part-time, dual-enrolled, and Early College students) have access to free mental health counseling. No health insurance information is needed. We will work with you to find an appointment time during the week that fits with your schedule. Appointments can be held in-person on Alpena's campus or virtually via phone or videoconference. For more information, please call 989-358-7245 or email <a href="mailto:counselinginfo@alpenacc.edu">counselinginfo@alpenacc.edu</a>.





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The Student Food Pantry - The ACC Student Food Pantry was created because we know that when students are worried about where their next meal is coming from, they can't focus on their studies. There are no rules or limitations for this pantry, so take what you need, but make sure there is enough for fellow students. The Food Pantry is located in BTC 120 and a Food Pantry Annex with grab-and-go snacks is located just down the hall from the Student Success Center in Van Lare Hall. For more information or to donate, email Monika Ehrlich (ehrlichm@alpenacc.edu) or call (989) 358-7408.

#### ACC Testing Center, Student Success Center in VLH 101

Monday 9am-noon and 1-5pm, Tuesday noon-6pm, Wednesday 10am-4pm, Thursday 10am-7pm, and Friday 9am-1pm. Instructors and students must make appointments in advance of testing to ensure a seat is reserved. Hours are subject to change. Photo ID is required for testing. Please anticipate your testing needs and allow enough time for testing. Contact Beth Matzke at 989-358-7209 or matzkeb@alpenacc.edu.

**ACC Student Success Center VLH 101** Your place for free tutoring, proofreading, workshops, and general question-answering. Also, get help with Self-Service, Blackboard, and Microsoft Office 365. We are always looking for good tutors and we pay! Stop by the Student Success Center or call Colleen Jacobs at 989-358-7270 or Monika Ehrlich at 989-358-7408.

#### ACC Oscoda Campus Student Success Center, Testing Center, Computer Lab Room 307

Monday 9am-2:30pm, Tuesday 9am-2:30pm, Wednesday 11:30am-6pm Thursday 1pm-6pm, and Friday 9:30am-1:30pm. Hours are subject to change. Instructors and students must make appointments in advance of testing to ensure a seat is reserved. Same day appointments are not guaranteed. Email for a scheduling is preferred. Photo ID is required prior to testing. Please anticipate your testing needs and allow enough time for testing. Contact Patrice Billiel at 989-358-7445 or billielp@alpenacc.edu.

Fredrick T. Johnston Wellness Center is open Monday-Thursday 6:30am-6:30pm; Friday 6:30am-2pm; Saturday 8am-noon.

#### Stephen H. Fletcher Library, Newport Center Building Room 111

Monday-Wednesday 8am-7pm; Thursday 8am-5pm; Friday 8am-12:30pm; Saturday noon-4pm & Sunday CLOSED. Contact the library at 989-358-7252 for information on requesting special hours or sessions.

@myacc.alpenacc.edu All ACC students receive a college email address and Office 365®. Official communication will be sent to this email account. Be sure to get yours set up and check it regularly.

**ACC Photo ID Card** Stop in the Student Success Center VLH 101 with photo identification and get your ACC ID card. Then flash it around town to receive your special discounts!

**Self-Service** is an online tool to perform the majority of your essential college tasks: registering for classes, viewing grades or the course catalog, applying for graduation, retrieving financial information, and more. Follow the link on the college home page or go directly to <a href="https://selfservice.alpenacc.edu/">https://selfservice.alpenacc.edu/</a>. Contact the Help Desk for assistance at <a href="tech-support@alpenacc.edu/">tech-support@alpenacc.edu/</a>, 989-358-7374, or stop in CTR 108.

**Parking Permits** are free – but required. Be sure to get yours from the Facilities Office BTC 101. Parking permits are now mandatory at the Oscoda Campus. Students can get their student IDs and parking permits in Room 206 at the Oscoda Campus, and they are valid at both campuses.

**Class Cancellation & Campus Closure Information** - Get the scoop on communication methods, notice locations, and more at <a href="http://discover.alpenacc.edu/calendar/cancellations.php">http://discover.alpenacc.edu/calendar/cancellations.php</a>.







## ACC TALKS

# ENTREPRENEURSHIP "YOU"!

## Leland (Lee) Richards

Date: Wednesday, March 26, 2025

Time: 6 pm - 7 pm (doors open 5:30 pm)









Business of the Month



Stop by the Lumberjack Lounge/Just Jobs Outlet and learn more about this months featured business.

ACC - Oscoda is pleased to highlight this unique local company.

The Just Jobs Outlet serves as inspiration for all things jobs!

## Spring 2025 SKILL BUILDER Line-Up

Please share this announcement that the following special classes will start March 3 + 4!

\*3D Printing: For Jobs + For Hobbies (\$150)

\*Creative Welding: Stick/Mig/Tig (\$200)

For more information call the number below.





@ Oscoda Campus

## **Ideas Unlimited Club**

Guest Presenters: Kevin Burnett + Wesley Casselman TrailEagle Packs

Tuesday February 28, 2025

12:00 pm - 12:45 pm ACC Oscoda Room 213 or Virtual

Meeting number (access code): 2422 988 8315

Meeting password: H2q2j3FPw23

or past the following link into your browser:

https://alpenacc.webex.com/alpenacc/j.php?

MTID=m9a0602595b544ae364492fc2b4e04ddf



## Life After High School Graduation "Podcasts"!

We have "produced" 4 Life After High School Graduation podcasts. Here's the specifics

#### **Email Release**

9/25/24

10/17/24

11/16/24

1/24/2025

### Life-Skills Topic

Vehicle Maintenance

Personal Banking

Insurance

Tax Returns

### **Topic Guests**

Jeff Janis

Kelly Alexander &

Mariah Nevala

Cliff Miller & Justin Hill

Amanda Beck-Haney

Stay ready for our February 2025 podcast "starring" Julie Shellenbarger of Proof Bakehouse!!

ACC Oscoda + Michigan Works Region 7B and Develop Iosco are partnering together to host a job fair this Spring semester.

JOB FAIR

BFAIR ACC OSCODA CAMPUS 5800 N SKEEL AVE OSCODA, MI 48750

MARCH 19, 2025 10:00 AM - 3:00 PM

