

#### Welcome to Spring 2025 Semester, Lumberjacks

Look for a new Splinter every week of the semester - it contains information about all things ACC: processes, deadlines, department information, club activities, policies, and other items that are of interest to students. A link is posted on our website <u>www.alpenacc.edu</u> in the Calendar & Events section and sent to all ACC email addresses. Several copies are distributed around campus. Please take a few minutes during the week to review it.

Spring Graduation Applications were due in the Registrar's Office on Friday, February 7.

#### Attention 2025 Graduates...

It's time to prepare for commencement! Here's your checklist:

Review the <u>Graduation Information</u> web page.

- 1. Note the links and deadlines to RSVP for the ceremony and order your cap and gown.
- 2. The Commencement RSVP is for graduating students only (this is not a guest RSVP).
- 3. Questions? Contact the Registrar's Office at 989-358-7353 or email at accreg@alpenacc.edu

**Healthcare Career Expo April 3.** Roam the hallways of Van Lare Hall for the Alpena Campus Healthcare Career Expo from 10am-Noon. This is an incredible opportunity for all students interested in working in healthcare to stop by and connect with healthcare companies and universities.

**Michigan Transfer Network** – <u>www.mitransfer.org</u> - For ACC listing of equivalencies, other college's equivalencies, and college information check out the Michigan Transfer Network website.

Struggling with stress, anxiety, or perfectionism? Join Dr. Kristen Lee for "Optimize, Prioritize, and Sustain Your Well-Being" – an interactive student session on Monday March 24 at 5pm in Fitzpatrick Hall on how to use mindfulness and behavioral science to stay balanced, focused, and resilient in today's fast-paced world. Learn practical, evidence-based strategies to manage stress, build confidence, and thrive at school, work, and beyond. Stick around for a FREE healthy dinner after the session!

Find Your Calm at ACC! Take a break from the stress of classes and join Calm Campus, a free series to help you embrace your mental wellbeing with sessions designed to help you recharge and refocus. Free for ACC students, staff and faculty.

Yoga & Mindfulness – Mondays\* at 5pm in BTC 201 (all equipment provided!)

Watercolor Painting & Relaxation – Wednesdays\* from 12:30-2:30pm in the ACC Library (no experience needed, all supplies provided!)

\*Watch digital displays around campus for session dates.

**Counseling** - All current ACC students (including part-time, dual-enrolled, and Early College students) have access to free mental health counseling. No health insurance information is needed. We will work with you to find an appointment time during the week that fits with your schedule. Appointments can be held in-person on Alpena's campus or virtually via phone or videoconference. For more information, please call 989-358-7245 or email <u>counselinginfo@alpenacc.edu</u>.

The Student Food Pantry - The ACC Student Food Pantry was created because we know that when students are worried about where their next meal is coming from, they can't focus on their studies. There are no rules or limitations for this pantry, so take what you need, but make sure there is enough for fellow students. The Food Pantry is located in BTC 120 and a Food Pantry Annex with grab-and-go snacks is located just down the hall from the Student Success Center in Van Lare Hall. For more information or to donate, email Monika Ehrlich (<u>ehrlichm@alpenacc.edu</u>) or call (989) 358-7408.

#### ACC Testing Center, Student Success Center in VLH 101

Monday 9am-noon and 1-5pm, Tuesday noon-6pm, Wednesday 10am-4pm, Thursday 10am-7pm, and Friday 9am-1pm. Instructors and students must make appointments in advance of testing to ensure a seat is reserved. Hours are subject to change. Photo ID is required for testing. Please anticipate your testing needs and allow enough time for testing. Contact Beth Matzke at 989-358-7209 or matzkeb@alpenacc.edu.





ACC Student Success Center VLH 101 Your place for free tutoring, proofreading, workshops, and general question-answering. Also, get help with Self-Service, Blackboard, and Microsoft Office 365. We are always looking for good tutors and we pay! Stop by the Student Success Center or call Colleen Jacobs at 989-358-7270 or Monika Ehrlich at 989-358-7408.

#### ACC Oscoda Campus Student Success Center, Testing Center, Computer Lab Room 307

Monday 9am-2:30pm, Tuesday 9am-2:30pm, Wednesday 11:30am-6pm Thursday 1pm-6pm, and Friday 9:30am-1:30pm. Hours are subject to change. Instructors and students must make appointments in advance of testing to ensure a seat is reserved. Same day appointments are not guaranteed. Email for a scheduling is preferred. Photo ID is required prior to testing. Please anticipate your testing needs and allow enough time for testing. Contact Patrice Billiel at 989-358-7445 or billielp@alpenacc.edu.

Fredrick T. Johnston Wellness Center is open Monday-Thursday 6:30am-6:30pm; Friday 6:30am-2pm; Saturday 8am-noon.

#### Stephen H. Fletcher Library, Newport Center Building Room 111

Monday-Wednesday 8am-7pm; Thursday 8am-5pm; Friday 8am-12:30pm; Saturday noon-4pm & Sunday CLOSED. Contact the library at 989-358-7252 for information on requesting special hours or sessions.

@myacc.alpenacc.edu All ACC students receive a college email address and Office 365®. Official communication will be sent to this email account. Be sure to get yours set up and check it regularly.

ACC Photo ID Card Stop in the Student Success Center VLH 101 with photo identification and get your ACC ID card. Then flash it around town to receive your special discounts!

Self-Service is an online tool to perform the majority of your essential college tasks: registering for classes, viewing grades or the course catalog, applying for graduation, retrieving financial information, and more. Follow the S link on the college home page or go directly to https://selfservice.alpenacc.edu/. Contact the Help Desk for assistance at tech-support@alpenacc.edu, 989-358-7374, or stop in CTR 108.

Parking Permits are free – but required. Be sure to get yours from the Facilities Office BTC 101. Parking permits are now mandatory at the Oscoda Campus. Students can get their student IDs and parking permits in Room 206 at the Oscoda Campus, and they are valid at both campuses.

Class Cancellation & Campus Closure Information - Get the scoop on communication methods, notice locations, and more at http://discover.alpenacc.edu/calendar/cancellations.php.

The Splinter is posted to the college website <u>www.alpenacc.edu</u> weekly during the semester.







MAR/APR/MAY



## Semester Wrap Up

Days To Remember:

Advising Day/Early Orientation

Orientation

Easter Closing

Last day for complete withdrawal

**Finals Week** 

### Life After High School Graduation "Podcasts"!

We have "produced" 5 Life After High School Graduation podcasts. Here's the specifics, scan the code to tune in to the videos that have been released!

Email ReleaseLife-Skills9/25/24Vehicle Mail10/17/24Personal B11/16/24Insurance1/24/2025Tax Return2/19/2025Cooking 10

Life-Skills TopicTopic GueVehicle MaintenanceJeff JanisPersonal BankingKelly AlexInsuranceCliff MilleTax ReturnsAmanda ECooking 101Julie Shel

**Topic Guests** Jeff Janis Kelly Alexander & Mariah Nevala Cliff Miller & Justin Hill Amanda Beck-Haney Julie Shellenbarger



Wednesday March 26th

Friday April 18 - Monday April 21

Wednesday April 16th

May 2nd

May 5th -9th

# Ideas Unlimited Club

Guest Presenters: Emily Wood Popielarz of Wood's ACE Hardware/Bolts & Brews Beer Garden

Tuesday, March 25, 2025 12:00 pm - 12:45 pm ACC Oscoda Room 213 or Virtual Meeting number (access code): 24250648794 Meeting password: FkUmd6PnZ48 or past the following link into your browser: https://alpenacc.webex.com/alpenacc/j.php? MTID=mb65eb50b842952922bcdf0e76acde111



